



Update Covid-19 April 6th, 2020.

Dear Westmount Park Co-owners,

Hope that you are all well and taking care of yourselves and each other.

If you no longer want to receive these updates at your door (hard copy), please inform Francine Marcoux by email at: fmarcoux@phoenix4.ca.

WPT community is a friendly one and we like to greet each other. We would like to remind everyone that we **must maintain** a social distance of 6ft or 2 m when in the hallways or in the lobby. As the Federal, Provincial and City governmental leaders are repeatedly telling us that even if one does not have any symptoms, one can still be harbouring the COVID-19 virus. Please respect the need for distance as an important step in curtailing the spread of the virus amongst the WPT residents.

We are including a list of resources where you can order food aside from the large grocery stores. Should you have other resources to share, please email Cynthia Telio (cynthia@telio.ca) or Margaret Bentham (m.bentham@videotron.ca)

Poissonerie Sherbrooke (fish, veg and fruit, bread cheese, milk)

Te: 514-486-5246

-Delivery and pick up (they will come out to the car and put items in the trunk)

Boucherie Grinder (meat and pre-made meals and soup)

Tel: 514-903-0763

Boucheriegrinder.ca

Boucherie du Coin (organic meats and poultry)

514-931-4613

-Delivery

Adonis

Tel: 514-933-4747

- Delivery

Marche PA

-Tel: 514-932-0922

-Delivery

Fruits Mont Victoria (fruits, veg and dairy products)

Tel: 514-486-6556

-Delivery and will put items in your trunk)

National Fruits (fruit, veg dairy products and dry goods)

Email amy@nationalfoodshop.ca

Co-owners who are unable to get to the mailroom (due to self-isolation) can prepare their mail key , with their condo number attached, and Board Members who have volunteered, will pick up your key and then bring you your mail outside of your door.

We will continue to update you as needed.

Stay safe

Westmount Park Towers Board and Management.